



LIFE SPECTRUMS

RAINBOWS

Spring/Summer 2011

32nd Annual Life Spectrums Conference

CONSCIOUS EVOLUTION: *It's Time*

July 13-17, 2011

For 32 years, Life Spectrums provided a multitude of “opportunities for exploration and growth” as we were “seeking greater awareness through an inner quest for enlightenment.” We have been nourished and nurtured by our close spiritual family and are forever grateful to our Life Spectrums founders. Now the “shift” is underway and we are being called to become who we came here to be... “enlightened” embodied spirits.

Come play with us as we joyfully expand our conscious awareness and “co-create” our personal and planetary future! Become a pioneer of the new frontier... consciousness, as you explore the “map” leading to conscious evolution. Feel the “new vibration” of your soul as you blissfully embrace this extraordinary evolutionary time as spirits in physical bodies. Join us as we connect to “All That Is” while discovering “all is well.”

Conference Highlights

New Location!!! Bloomsburg University

Bloomsburg University is just 1.5 hours from Harrisburg; 2 hours from the Lehigh Valley; 2.5 hours from Philadelphia; 3 hours from New York City and Baltimore. All activities and housing will be held on the Upper Campus. Housing will be in the Mt. Olympus apartment complexes, which are modern residence halls with air conditioning, refrigerators and stoves. Each apartment houses six people in single bedrooms; two downstairs and four on the second floor with a full bath on each floor. All activities will be held in the building next door, including meals in Monty’s, which overlooks the Susquehanna River Valley. <http://www.bloomu.edu/documents/admissions/AdmissionsMap.pdf>



Presenters and Workshops

Please check out our website, www.LifeSpectrums.org for CONFERENCE UPDATES and Additions!

Three-Day Workshops

All workshops will occur on Thursday, Friday and Saturday from 9:15 to 11:45 am and continue from 2:00 to 4:30 pm.



Jill Mattson

A prolific Healing Arts Musician, classical composer, author of four books, and visual artist, Jill draws on her extensive research of modern scientific sound healing and her studies of Antiquities and Secret Societies as she guides us on a journey of healing and transformation.

Jill's Workshop

Ancient Sounds – Modern Healing

Jill uses her vast knowledge of the ancient sound vibrations of advanced civilizations to take her followers on an exciting journey of healing and transformation. Opening new chakras with specifically designed sound vibrations, Jill enables us to better access our guides and Higher Selves consciously. Come learn new self-healing techniques, expand your healing repertoire and experience delicious integration of mind, body, and spirit. <http://www.jillswingsoflight.com>



Dr. Zoe Marae

Dr. Marae has a PhD in biological science (physiology). For 15 years she did medical research on complex multi-system disease, leading to a joint appointment at Harvard Medical School and Children's Hospital, Boston. Dr. Marae left mainstream medicine to investigate life force energy patterns and the spiritual dynamics of disease, wellness and healing. As a teacher of human energy flow, medical intuitive and vibrational energy researcher for 20 years, Zoe skillfully provides a "map" for our personal conscious evolution.

Zoe's Workshop

Ending Duality, What Am I Doing Here?

There is a direct translation from our experience in every moment to the state of our physical body. It takes only a moment to shift that body state to a higher, more vital...even rejuvenating... place. At this extraordinary evolutionary time where the earth herself is holding rising energy, we get that opportunity in each and every moment. How? Come share a "map" of how your next moment can effortlessly open the door to physical realities you have never dreamed possible. The future you are hoping for is now!



Evening Programs

Evening events are open to non-conference participants for a special fee of \$20.00.

Wednesday, July 13, 2011

OPENING NIGHT SPECIAL EVENT

7:00 – 9:00 pm

Evolutionary Consciousness Concert

*Featuring: Swami Laraaji Nadabrahmananda,
Arji Cakouros, Jill Mattson and Duane Paul Hannigan*

Followed by a Welcome Reception at 9 am and Musical Meditation at 10 pm

Thursday, July 14, 2011

7:00 – 8:30 pm *Conscious Evolution, Zoe Marae*

8:30 – 9:00 pm *Annual Meeting*

9:00 – 10:00 pm *Full Moon Musical Meditation*

Friday, July 15, 2011

7:00 – 8:30 pm *Tuning in to the Tones of Heaven, Jill Mattson*

8:30 – 9:30 pm *Open Forum*

9:30 – 10:00 pm *Evening Meditation*

Saturday, July 16, 2011

7:00 – 8:30 pm *Activation Ceremony*

8:30 – 9:00 pm *Ice Cream Social and Silent Auction Drawing*

9:00 – 10:00 pm *Drumming Circle*

Event Favorites



Consultants and Body Workers Needed!!!!

Please contact Bruce Runk prior to June 1st if you would like to be a Body Worker or Consultant at the conference, or if you have someone to recommend. brr921@yahoo.com or 301-270-7328.

Gathering for Community Conversations

There will be opportunities for meeting in the Gathering Place for community conversations each evening. Our smaller numbers allow us to participate in meaningful conversations as we intentionally discover and discuss our new reality. Energy is created and sustains itself through the connection of one Light Being to another. Consciously connecting brings joy, love and commitment as we harvest the power of our collective spirits and renew our enthusiasm for advancing along our paths.

Annual Meeting

8:30 pm Thursday, July 14, 2011

The 2011 Annual Meeting of Members of Life Spectrums, Inc. will be held at 8:30 p.m. in the Monty's Building, Bloomsburg University, Bloomsburg, PA. At this time, the election of Board of Directors of Life Spectrums, Inc. will be concluded and election results announced. Please join us for a brief meeting to discuss the current and future state of Life Spectrums, election conclusion and announcement of incoming Board of Directors. Please see the following page for all candidates for the 2011 Life Spectrums Board of Directors.

Scholarship Auction

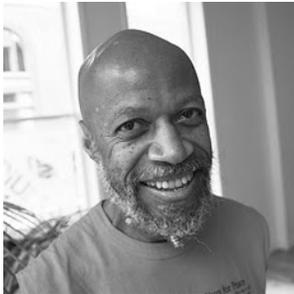
8:30 pm Saturday, July 16, 2011

Recycle, reuse! Bring your "once loved, no longer wanted" items to our auction so that someone else can love them. Benefits go to the scholarship fund to enable others to attend our events.



Our Musicians

Swami Laraaji Nadabrahmananda



Laraaji, an ever deepening conscious communicator, has explored and experimented for over 30 years to co-create a bliss oriented lifestyle of creative mediation and passionate celebration. Having studied music formally, he is an internationally successful music composer and performer who joyfully excels in bringing deep and stimulating inner awareness to his listeners. Laraaji has received several mystical initiations that have prepared him for a fulfilling life as a visionary, musician and consciousness teacher capable of intuitively healing those within his sound environment.

Duane Hannigan



Rev. Duane Paul Hannigan is an ordained metaphysical minister, Reiki master, composer, music director, teacher and musician. Channeling celestial piano and keyboard music note by note, he raises the consciousness of his listeners. His music has been heard all over the globe including Japan, China and Spain, and his credits include playing with Liberace and accompanying Joan Campbell on a recently released meditation CD.

Lea Cho and Russ Waterhouse



Welcome Lea Cho and Russ Waterhouse. Lea and Russ have written and recorded numerous releases under the name "Blues Control," a project which combines serious sound exploration with a joyful sense of humor, intended to heighten mood, facilitate meditation, and expand consciousness. Come, listen and experience an "evolutionary journey into consciousness".



Arji P. Cakouros

Arji has studied extensively with internationally-known dream explorer Robert Moss, and sound healing pioneer Jonathan Goldman. Her work reflects a deep commitment to assisting others in achieving radiant health, self-knowledge, and personal empowerment through various energetic and visionary arts. Music, meditation and spontaneous *Flowspace* are among her greatest teachers. Email: platonina@aol.com

******* More News from Life Spectrums *******

A few words from Laraaji...



In the "Key of Consciousness" By Laraaji Nadabrahmanada

I Am Conscious sound
A vast Star symphony
A sacred new music dawning
As Interstellar harmony,
I Am New tonal beauty
A Nirvanic sonic light,
A transformative rhythmic groove,
No mortal could write...
I am evolutionary sound,
An Inner Nadam stream,
A flowing Celestial melody.
Taking consciousness beyond the
dream

I am ancient memory's song
In cosmic perfect pitch
An unfolding Jam continuum
With overtones so rich,
I Am mystical Luminous raga,
In silence and in infinite gain
A choir of vibrational voices
Celebrating new
consciousness plane ...

I am interdimensional tone
Alive and in glorious timbre
A claudient evolution
dancing fluid and limber
I Am consciousness's noise
a sweet swingin' unified field
jam
A clangin' and a bangin'
a hootin' and a tootin' evolving
in the key of
I AM...

We Need You! Seeking Volunteers!



Are you eager to support Life Spectrums with your time, talent and energy? Life Spectrums needs volunteers for the following: webmaster, candidates for board positions, committee positions (year round site, year round program, Strategic Plan), scholarship monies and event planning. Contact Ginger Sewell (gigisewell@aol.com) 678-230-3671 or another board member to volunteer.

Conference scholarships are available!



All requests for Scholarships must be received in writing or via email prior to June 1, 2011.

Applications need to include:

*A CLEAR FINANCIAL NEED

*AN EXPLANATION AS TO HOW THE SCHOLARSHIP WOULD BENEFIT THE RECIPIENT

*A SPECIFIC DOLLAR REQUEST

Send requests to: Paula Sylvester at 403 Orchard Ln., Mechanicsburg, PA, 17055; or email Paula at psylv@verizon.net

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GIFT CERTIFICATES are NOW AVAILABLE

For information, call Lynne Paul at 610-882-3008 or email lynnep@ptd.net.

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Life Spectrums Mission

Life Spectrums is an international organization that provides opportunities for exploration and growth to those seeking greater awareness through inner quest for enlightenment.

Life Spectrums advocates no single philosophy or religious doctrine, but welcomes all who embark on the path of personal and spiritual growth.

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Board of Directors:

Chair: Ginger Sewell – gigisewell@aol.com

Treasurer: Chad Paul – cpaul@nep.benfranklin.org

Secretary: Wendy Sponseller – spons50@juno.com

Duane Hannigan – duanepaulhannigan@yahoo.com

Dana Aker – dana_aker@hotmail.com

Paula Sylvester – psylv@verizon.net

Sandy Yeager – syeager@supernet.com



Life Spectrums 2011 Candidates for Board of Directors

(Note: Current Board members Ginger Sewell, Dana Aker, Sandy Yeager and Secretary, Wendy Sponseller will remain on the Board for the second year of their two year term)

...Candidate for Treasurer (two year term)...



Chad Paul ~ Chad has attended all 31 Life Spectrums Summer Conferences, and has served on the Committee, as Board Treasurer twice, and as Board Chairman. He is volunteering again to support the continuing work of Life Spectrums and to ensure that the organization remains relevant, vital, and responsive to the needs of our communities of interest.

...Candidates for Board of Directors (two year terms). Two to be elected...



Bruce Runk ~ I began my current life adventure with New Age metaphysical and spiritual growth in 1998 and deeply appreciate how it has helped me expand my understanding of the universe and enhance my life. I started coming to Life Spectrums conferences two years ago and have served this year and last as coordinator for body workers and consultants. I would like to serve on the Board to be a part of continuing the wonderful work that Life Spectrums does in the world and to help shape its future. I feel my relative newness to Life Spectrums would be a good addition to the Board.



Joan Brownell ~ Joan has been a Life Spectrums participant for about 28 years. For her, being a participant at the conferences was returning to a safe haven of like-minded people who were caring, supportive, lighthearted, and interested in helping each other expand their consciousness. Joan's active communication with spirit since childhood guided her to Life Spectrums and helps her as an intuitive consultant and Reiki Master. Before retiring she was a business owner, elementary school teacher and certified massage therapist. Joan will use her experience of working on several boards and committees to assist the transition and expansion of Life Spectrums in the twenty-first century.

WRITE IN ~ [Add your name to the ballot and send to Sandy Yeager at syeager@supernet.com](mailto:syeager@supernet.com)

This Ballot is for notification purposes only! Official Ballots will be distributed at the Conference. **Members not attending the Conference or Annual Meeting may request mail-in absentee ballots by contacting Sandy Yeager at 717-393-1003 or email: syeager@supernet.com.** Completed mail-in "Absentee" ballots must be received by Monday, July 11, 2011 in order to be counted.

Note: *Only Life Spectrums members may vote in this election.* Membership from June 1 of this year to June 30, 2012 is included in the full summer conference registration fee. The annual membership fee is \$15.00. Please contact Sandy Yeager for additional information. (See above for contact info.)

Life Spectrums 32nd Annual Conference
CONSCIOUS EVOLUTION: *It's Time*

July 13-17, 2011

Bloomsburg University
Bloomsburg, PA



Join us during this extraordinary evolutionary time when Earth is holding rising energy and we have the opportunity to embody our Spirits and radiate our purest light in a planetary signal of rejuvenation and expansion! Yes! It's time! Time to become conscious cosmic Light Beings! It's time to reach upwards in love through our human hearts. Reach effortlessly, naturally and completely. It's time!



Life Spectrums
P.O. Box 373
Harrisburg PA 17108-0373
www.lifespectrums.org

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Mercersburg, PA

Conference Registration Form Inside!
Check out our website, www.LifeSpectrums.org for
CONFERENCE UPDATES and extra registration forms.